

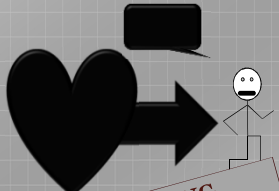
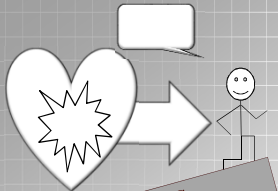


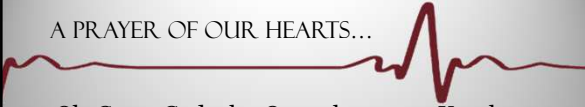
SESSION 3

The Fundamentals of Heart Keeping

THE PROBLEM	THE PROVISION
SIN (The Old Heart)	JESUS (The New Heart)
	
Dead. Hard. Condemned.	Alive. Soft. Holy Spirit.

THE PROBLEM	THE PROVISION
The Old Heart	The New Heart
	
Not TRUSTING, DELIGHTING, REFLECTING, but STRIVING against God	TRUSTING, DELIGHTING & not REFLECTING & not STRIVING against God

A PRAYER OF OUR HEARTS...



Oh Great God, the One who saves. You have provided for mankind's greatest need—the need to be saved from our sin.

In Your great kindness and love, You have given the blood of Jesus to grant forgiveness and fulfill the promise of the new heart.

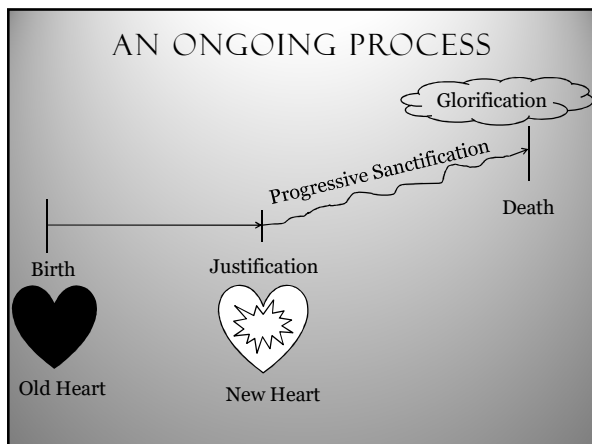
Not only this, You faithfully equip us with what we need *each* moment to guard these new hearts from our enemy: sin. Oh, Lord, may we love You by keeping our hearts with all diligence—for Your glory. Amen.

WHAT YOU NEED TO KNOW ABOUT HEART KEEPING

Heart keeping is:

- All about cultivating our relationship with God
- Also called progressive sanctification
- Not a list of do's and don'ts
- For God's glory
- An ongoing process
- A dual-role process (God + Us)





WHAT YOU NEED TO KNOW ABOUT HEART KEEPING

Heart keeping is:

- All about cultivating our relationship with God
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- For God's glory
- A life-long process
- A dual-role process (God + Us)




A DUAL-ROLE PROCESS

Philippians 2:12b-13 . . . work out your own [sanctification] with fear and trembling; for it is God who works in you both to will and to do for His good pleasure.

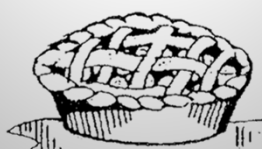
I Corinthians 15:10 But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was in me.

Colossians 1:29 To this end I also labor, striving according to His working which works in me mightily.


ROLES IN HEART KEEPING



God Alone



GOD + ME



Me Alone

Illustrations by Alois Foreman, 2001.

5 FUNDAMENTAL COMPONENTS

Heart Keeping involves these 5 components:


1. Our Obedient Faith
2. The Holy Spirit
3. God's Word
4. Other New-hearted Image-bearers
(called the Body of Christ)
5. Diligent Heart Examination



1. OBEDIENT FAITH

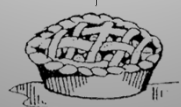
Faith- firm persuasion and conviction. It is a belief in the person of God and an assurance in the revealed Word of God, so that it brings forth obedience to God.

II Corinthians 5:7 For we walk by faith, not by sight.



1. OBEDIENT FAITH


God's Role	My Role
<ul style="list-style-type: none"> ➤ Produces faith through His Word (Rom. 10:17) ➤ Produces faith by His Spirit (Gal. 5:22) ➤ Keeps/guards us through faith (I Peter 1:5) 	<ul style="list-style-type: none"> ➤ Walk by faith (Rom. 1:17; Gal 3:11; etc.) ➤ Show our faith by our actions (Jas. 2:14-26) ➤ Take up the shield of faith (Eph. 6:16)



2. THE HOLY SPIRIT

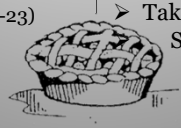
The Holy Spirit's role in sanctification is emphasized in Scripture.

II Corinthians 3:18 But we all . . . are being transformed into [Christ's] image from glory to glory, just as *by the Spirit* of the Lord.



2. THE HOLY SPIRIT

God's Role	My Role
<ul style="list-style-type: none"> ➤ Leads us to put to death sinful deeds (Rom. 8:13-14) ➤ He prays for our sanctification (Rom. 8:26) ➤ Produces righteous fruit (Gal. 5:22-23) 	<ul style="list-style-type: none"> ➤ Be led by the Spirit (Rom. 8:13-14) ➤ Walk in the Spirit (Gal. 5:16, 25) ➤ Do not grieve and quench the Spirit (Eph. 4:30; I Thess. 5:19) ➤ Take up sword of the Spirit (Eph. 6:18)




3. GOD'S WORD

Inspired- "Breathed out" (II Timothy 3:16)


John 17:17 "Sanctify them by Your truth, Your word is truth."

God's Word is the *primary* tool used by the Holy Spirit for our sanctification; the Word and the Spirit *always* work in tandem.



3. GOD'S WORD

God's Role	My Role
<ul style="list-style-type: none"> ➤ Keeps us from sin (Psalm 119:11; John 17:17) ➤ Produces faith (Rom. 10:17) ➤ Discerns/pierces hearts; teaches, corrects, instructs, equips (Heb. 4:12-13; II Tim. 3:16) ➤ Defends hearts (Eph. 6:17) 	<ul style="list-style-type: none"> ➤ Hide it in my heart (Psalm 119:11; Col. 3:16a) ➤ Obey God's Word (John 14:15; I John 2:3-5) ➤ Humbly receive God's Word (Col 3:16; Jas. 1:21) ➤ "Look into it" for heart examination (Jas. 1:23-25)




4. THE BODY OF CHRIST

Body of Christ = other new-hearted image-bearers, also called "the church"


There is one body, with many members (I Cor. 12:12-13)

There is one Head of the body: Jesus (Col. 1:18)



4. THE BODY OF CHRIST

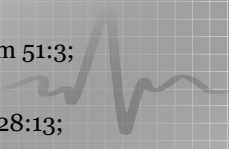
God's Role	My Role
<ul style="list-style-type: none"> ➤ He joins and knits the body together (Eph. 4:16; Col. 2:19) ➤ He nourishes and grows the body (Eph. 4:16; Col. 2:19) ➤ He gives spiritual gifts for the body (I Cor. 12:4-7) 	<ul style="list-style-type: none"> ➤ Do my share to cause growth of the Body (Eph. 4:16) ➤ Use my spiritual gifts for the growth of the body (Rom. 12:6; I Peter 4:10-11) ➤ Confess my sins & pray for others in the body (Jas. 5:16)

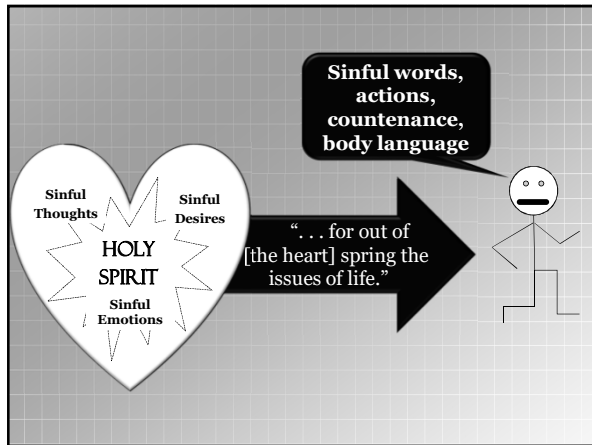


5. DILIGENT HEART EXAMINATION

Heart Examination is simply paying attention to the thoughts, desires, and feelings in our hearts so that we can detect our enemy (sin) at its earliest inception.

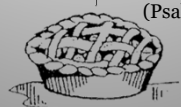
- 1) Acknowledge sin (Psalm 51:3; Psalm 139:23-24)
- 2) Confess sin (Proverbs 28:13; I John 1:9)





5. DILIGENT HEART EXAMINATION

God's Role	My Role
<ul style="list-style-type: none"> ➤ He sees and knows our hearts (I Sam. 16:7b) ➤ He searches and reveals hearts (Psalm 139:23-24; Heb. 4:12) ➤ He is faithful to forgive and cleanse our hearts (I John 1:9) 	<ul style="list-style-type: none"> ➤ Ask Him to search my heart (Psalm 139:23-24) ➤ Use God's Word to reveal my heart (Heb. 4:12; Jas. 1:23-25) ➤ Acknowledge and confess my sin to God (Psalm 51:3; Prov. 28:13)



ANGER

Anger occurs when our desires (whether unrighteous desires or righteous ones) are not met. The unrighteous desires manifest themselves through anger (Eph. 4:26). Unrighteous comparisons and selfishness are enemies of peace and kindness.

PRIDE

PRIDE in the heart says things such as . . .

"My way is always right and others are wrong."

"I am better than others."

FEAR OF MAN

FEAR OF MAN in the heart says things such as . . .

"I am more concerned with what others think of me than doing what God says is right."

"I want to please people so they like me."

"I want recognition and attention from others."

Fear of man is the anxiety of being rejected. It is when we strive to gain favor and acceptance from others, or are overly concerned about what others think of us. Fear of man is a self-serving and self-exalting pride which robs the glory that is God's alone. Guile and envy often accompany this sin. Contrary to fear of man are humility, fear of God, goodness, kindness, and love.

ANXIETY

BITTERNESS

DESPAIR

ENVY

FEAR

GREED

GUILE

LAZINESS

SELFISHNESS

SELFISHNESS in the heart says things such as . . .

"I have to look out for what I want and need."

"I don't care about the needs of others."

"I want what I want—when and how I want it."

Selfishness is loving our own life so much that there is a lack of love and service toward God and others. It is an active pursuit of self-satisfaction and pleasure that ignores the needs and interests of others. Selfishness robs us of thankfulness and also the ability for self-control. Contrary to selfishness are humility, love, kindness, and goodness.

1. GOD IS SOVEREIGN

God rules the entire universe. His perfect plans and purposes are always accomplished and can never be thwarted by anyone or anything, including evil. His supreme rule is always consistent with the totality of His divine character.

Job 42:2 I know that You can do everything, and that no purpose of Yours can be withheld from You.

Psalms 33:11 The counsel of the LORD stands forever, the plans of His heart to all generations.

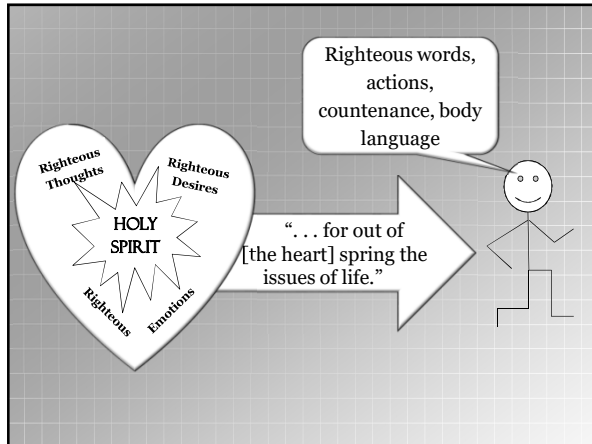
Daniel 4:35 All the inhabitants of the earth are reputed as nothing; He does according to His will in the inhabitants of earth. No one can say to Him, "What have You done?"

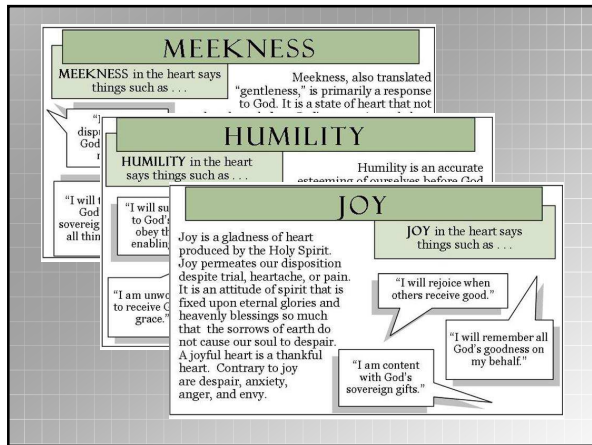
16. GOD IS GOOD

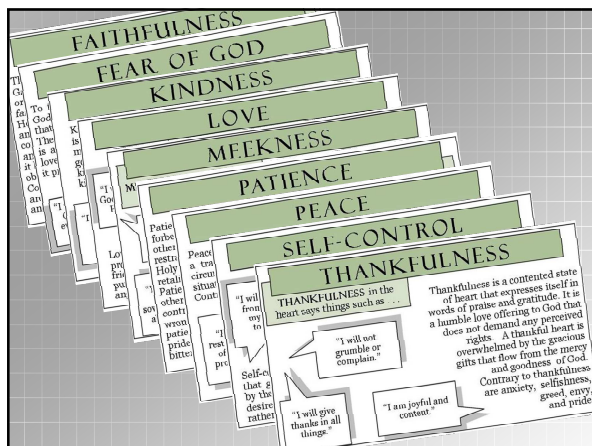
God's nature and very essence are entirely good, and He always acts in accordance with His goodness. His works are always beneficial for His creation. God never does wrong, nor does He mistreat His creation through evil or injustice; He always does good.

Psalms 31:19 Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You, in the presence of the sons of men!

Nahum 1:7 The Lord is good, a stronghold in the day of trouble, and He knows those who trust in Him.







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ARE YOU A PRACTICING KARDIOLOGIST?

